The work of Dom Adalbert de Vogüé, O.S.B. (1924-2011) serves as the basis of all serious study of the Rule of Benedict. In this second volume, Vogüé first provides historical and critical commentary on texts from the Rule of the Master and other early sources, then shows how Benedict integrated and developed this material in writing his Prologue, Epilogue and chapters on the Tools of Good Works, Silence and Humility.

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### Book Information

- **Series:** Theology and Faith
- **Paperback:** 400 pages
- **Publisher:** New City Press (February 17, 2015)
- **Language:** English
- **ISBN-10:** 1565484940
- **ISBN-13:** 978-1565484948
- **Product Dimensions:** 6 x 0.5 x 9.2 inches
- **Shipping Weight:** 13.6 ounces

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