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The One Year Book Of Hope (One Year Books)
Synopsis

This book is for anyone who has been hurt in life and would benefit from a hope-filled daily companion. Critically acclaimed author Nancy Guthrie offers insightful daily reflections based on the Word of God to comfort, encourage, and uplift those who are feeling the aches of life—whether it’s because of everyday disappointments or deep losses. Through a year’s worth of thoughtful entries, the reader will learn how much God longs to lift us up, carry us through in times of difficulty and uncertainty, and give us true, lasting joy. Each daily step draws you closer to a God who truly cares and the hopeful life he wants you to enjoy. In short: Daily Scripture readings. Daily reflections for those who are experiencing any pain, disappointment, or grief. Daily opportunity to dig deeper into God’s Word. Weekly questions for reflection, opportunities for further meditation, and directed prayer.

Book Information

Series: One Year Books
Paperback: 448 pages
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Average Customer Review: 4.8 out of 5 stars (See all reviews (60 customer reviews)

Customer Reviews

Author Nancy Guthrie understands the depth of grief, but she also knows the power of hope. In this book, she comes alongside readers to share her experiences, thoughts, and most importantly, her belief in a merciful God. Each page is like a gentle hug, as her words breathe life from the precious promises of the Bible. The book is arranged around fifty-two themes, which encourages daily reading for a year. However, the author’s sensitivity to sorrow has led her not to include days of the week or dates with each section. She realizes that grief has no timetable and therefore her words may be
read slowly or with greater urgency, depending on the individual. There is a gradual progression in these pages, as the first theme acknowledges the brokenhearted and the last entry is on letting go. Throughout the book, the reader will come face to face with different aspects of the healing process while their attention is always directed toward a vibrant hope in God. However, the heart of this book is the heart of the author. Her personal acquaintance with grief makes her compassionately qualified to minister to others. She has sought answers and comfort, and through her experiences, she has also learned a great deal about hoping in the Lord. Her spiritual insights, which were gleaned from serious study of the Scriptures, lead readers through the darkness of sorrow to the light of victory. Her words are trustworthy because she has been tried in the furnace of affliction. Grace, beauty, and truth flow from these pages. Although sorrow is never trivialized, the author consistently causes the reader to look ever onward and upward to the Source of all comfort and hope. And that's the perfect way to spend every day of the year! -- Joyce Handzo, Christian Book Previews.com

This devotional is written in such a gentle and sensitive way. I try to read it daily but sometimes while grieving you just can't stick with a routine. There's nothing to 'push' me along -- no dates, weeks, or months of the year. No 'guilt' for getting behind. It's ready for me when I'm ready for it. Sometimes I read several days at a time then miss several. It encourages me, and encourages thought and reflection. It tells me to trust in a loving God (which I do). This book also points to the scriptures and gives references which can be read in tandem with the devotion. This is a wonderful resource for those overwhelmed by grief.

I came across this book from a Christian book review, and fell in love with it. Nancy Guthrie does not pull any punches. God is holy, no matter our circumstances. After working through just a couple of weeks, I gave copies to each of my friends and co-workers on their birthdays throughout 2006. Even if you have never experienced great pain in life, you will find this book a blessing. And when you do experience tragedy - and we all do - you will be better able to work through it.

The One Year Book of Hope (One Year Books) I searched for a devotional that had some depth to it with both scripture and "digging deeper" quality to it. I found this one through a daily email I get. The book uses loss in our lives as a tool to find more of God. I was diagnosed with leukemia a few years back. The type that is chronic and slow growing. The good news is that it grows slowly, the bad news is that it doesn't respond to chemo in order to go into remission. So, I have to deal with it on a daily basis. It is so hard to fit that into my mind. You hear cancer and you want to do the most
extreme treatment and get rid of it totally. Well, aside from a bone marrow transplant there is no cure. A transplant is too risky when living with the disease is not as bad as the cure. Since my life is not in danger, today, we wait. The treatment is called watch and wait. In this book, the author speaks of some horrible loss in her life and how she found more of God through that. I so relate to this as I am finding more of God in the journey I am on. I get tired of being told that God heals and that I need to simply believe that and poof! It goes away! That's not how I am experiencing this.

There is a LOT of loss dealing with a chronic disease. There is not some magic words I can say that will make it all go away. Instead I search for what God is using my suffering for on a daily basis. This book is helping me on that road in a very real way. I'm so glad I bought it.

I was given this book by a friend who had originally bought it for herself (her father had been diagnosed with terminal cancer) but after she read the forward she felt that it was meant for me. I lost my son to a terminal genetic muscle defect 11 days after he was born. I have been learning so much about myself and so much more about who God is. Because Nancy’s situation was very similar to my own, I feel like she knows how I feel and the experiences I am having. I love being able to spend time everyday learning more and gaining new insight into God. Also to be able to heal little by little while growing stronger in my faith is very encouraging. The layout is great. It is written so that it can be read daily on schedule or it can be read at your own pace. The topics are relevent to the grieving processes and offer verses that correspond. Often the verses are ones that I have read before but I had never thought of them in the way that she offers them. I recommend this... its truly is a book of hope.

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