Liturgy Of The Hours (4-Volume Set)
The Liturgy of the Hours is a great stepping stone to transforming our entire lives into prayer. The single volume Christian Prayer is a good starter. With the discipline of sticking with it daily, we tend to thirst for more. Then the four volume, more extensive set becomes a valuable purchase. The organization of its volumes into the various liturgical seasons better than the single book enhances our ability to focus on them. Where can this lead? By dedicating each thing we think, say or do as a pray offering to God, we gradually grow into a state of constant prayer. It isn't necessary to be directly thinking about God as we pursue each task of our daily lives. Simply their dedication makes of them a prayer. The result is that we become consciously aware of God's presence on an ongoing basis. It’s like when a person is standing behind us. They see everything we do, hear everything we say but we can’t see them. Yet we KNOW they are there, and are aware of it at all times. Once we are constantly mindful of God’s presence, we allow Him to begin the purgative process, as St John of the Cross explains it. We think of hell as a ‘firey furnace,’ yet in the New Testament fire refers more often to God’s love than anything else. In Hebrews and Wisdom 3, Scripture speaks of gold
being purified in fire. Gold jewelry is an alloy with another metal, to enable crafters to shape it into a permanent, hardened state since gold is a soft, maleable metal. When we heat it up to 2500 degrees, though, it returns to its molten or liquid state, and the other metal (or 'impurity') easily separates from the gold, leaving only the pure, 24 carat gold. Constant awareness of God's presence allows Him to begin to burn away our impurities by exposure to the fire of His perfect love.

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