Eucharist (Catholic Spirituality For Adults)
Synopsis
A master theologian and popular Catholic author offers inspiring insights into the mystery of Christ’s presence in our lives. As festive as the film "Babette’s Feast" and as profound as the work of Ronald Knox, this fresh look at the Eucharist brings to light the meanings of meal, sacrifice, and real presence in our lives.

Book Information
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Customer Reviews
There can be no doubt that Fr Barron is one of the most dynamic preachers in our midst, illustrating his catechesis with incisive critiques of modern cultural offerings, but always grounding his explanations with the deepest grasp of ageless Catholic teachings. Thus it was no surprise that Eucharist was both a delight to read and a penetrating look at the "Messianic banquet" (p. 141) to which we are all invited. While the book is a straight-forward look at the Eucharist, this particular review is directed specifically towards women, who need to consider the truths of the faith with an ever-present awareness of their feminine vocation. The essence of that vocation is to live as an icon of Holy Mother Church—virgin, bride and mother—fully rejoicing in the nuptial backdrop that gives depth to our relationship with the Creator. I found three portions of the book extraordinarily edifying as I considered them through the lens of womanhood, beginning with his beautiful summary of the gift of self offered in Karen Blixen’s short story, Babette’s Feast. The key point Fr Barron made was that there can be no communion in a fallen world without sacrifice. Truly, we understand this
concept as it applies to Jesus' gift of self on the cross, but the same truth applies to us in relation to our families—and to every opportunity for communion that we provide in our domestic church. The sacrifice on Calvary is repeated in our efforts to create communion amidst the joys and trials in family life, in our places of work and among all those with whom we come in contact on a daily basis.

Secondly, the author takes great pains to explain the competing views of the Eucharist other than transubstantiation, and he makes a difficult topic manageable.

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