You are called to love the Lord your God with all your heart, with all your soul and with all your mind (see Matthew 22:37). This is not an option if we want to be a Christian! It’s a command of love from God and is an invitation to share in His divine life. We should hear those words and soak them up desiring to fulfill them in our daily life. How do we do this? How do we love God with everything we are? To say with all your õœheart, mind and soulâ• means everything! It means all that we are. Our whole being. So loving God in the way we are called to requires a very radical commitment on our part. It requires that we are õœall inâ• so to speak. So, again, how do we do this? The key is worship! To worship God is to love God in the way we are called to love. To worship God means that He is indeed the God of our life and nothing else gets in the way. It means we allow our heart, soul and mind to become immersed in God and filled with His presence. This is worship. And it’s our calling in life. Worship is prayer. It’s true prayer. But it’s not only a prayer we offer at church or at a specific prayer time. Rather, we are called to worship God 24/7 in all that we do and all that we are. We cannot set specific times of worship and times when we do not worship. It’s a calling to constantly be in God’s presence surrendering all to Him. This book is about Worship of the Triune God! There is nothing more important in life than what is presented here in these pages. Not because of this book itself, but because of the truths this book shares. There are two main sections of this book. The first section is about prayer as it is lived in the Sacraments of our Church. The Sacraments can seem, at times, to be dry, dull and repetitive. They can, at times, feel like empty rituals that we are õœobligedâ• to do out of obedience. But when understood and entered into correctly, the Sacraments become the greatest source of our intimacy with our God. They become personal. They become My Catholic Worship! The second section of this book deals with all other forms of prayer. It highlights various methods as well as the meaning of prayer. So jump into this book with an open heart and know that God wants to draw you more closely to Himself in all forms of worship. He wants you to know and love Him with your whole heart, soul and strength. And the way to do just that is prayer!About this Series:The My Catholic Life! series is a three volume series written as a complete summary of our glorious Catholic faith! The goal of these books is to answer the difficult and deep questions of life in a clear and understandable way. We need to know who we are and what life is all about. And we need to know who God is and what He has spoke to us through the ages. Volume One, My Catholic Faith! is a summary of the Apostles and Nicene Creed. This volume looks at everything from the creation of the world to God’s eternal plan of salvation. Other topics include: Afterlife, saints, God, faith, and the Church. It is a summary of the teaching of the Catechism of the Catholic Church #1-1065. Volume Two, My
Catholic Worship! is a summary of the life of grace found in prayer and the Sacraments. So often the Sacraments can be seen as dry and empty rituals. But they are, in reality, the greatest treasures we have! They are God’s true presence among us! It is a summary of the Catechism of the Catholic Church #1066-1684 and #2558-2865. Volume Three, My Catholic Morals! is a summary of the morality itself, knowing how we choose right from wrong, as well as a summary of all the moral teachings of our faith. It is a summary of the Catechism of the Catholic Church #1691

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**Customer Reviews**

This book is what every Religious Ed, Confirmation, and RCIA class should use! Straight, easy, and to the point about what to do when you go to Mass AND WHY! It reads as if one were in a class with your favorite teacher. No silly games or ridiculous stories that make adults' and teenagers’ eyes roll back into their heads! This is ABSOLUTELY what we need to learn our Catholic Faith!!!!

This is a excellent book describing in detail the Catholic Liturgy, the Seven Sacraments and Prayer. This book has a separate chapter dedicated to each of the sacraments with examples and straight
forward explanations which would be helpful to anyone interested in gaining a further understanding of what Catholics believe and why. I highly recommend this book!!

Wonderful read. Would highly recommend.

very easy to read and informative !!!

Informative

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